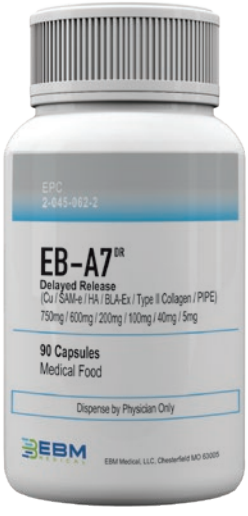

EB-A7

Welcome to EBM Medical. We provide high quality active pharmaceutical ingredients supported by evidence-based medicine to address chronic metabolic deficiencies.

Your healthcare provider has prescribed EB-A7 for the metabolic management of deficiencies associated with the pain and inflammation of osteoarthritis.

EB-A7

Turmeric Curcumin 95%..... 750 mg

SAM-e (S-Adenosyl methionine)..... 600 mg

Hyaluronic Acid ..... 200 mg

Boswellia Extract 65%..... 100 mg

Hydrolyzed Type II Collagen ..... 40 mg

Bioperine®..... 5 mg

Dosage:
Adult dose is 3 capsules daily or as directed by physician.

Each vegan capsule is allergen and dye free.

Therapeutic Active Pharmaceutical Ingredient Guide[1-11]

ACTIVE INGREDIENT	DESCRIPTION
Turmeric Curcumin 95%	– Inflammation, pain, and stiffness
SAM-e (S-Adenosyl methionine)	– Inflammation, pain, and stiffness
Hyaluronic Acid	– Inflammation; slows the progression of osteoarthritis
Boswellia Extract 65%	– Inflammation and pain
Hydrolyzed Type II Collagen	– Pain and stiffness
Bioperine®	+ Absorption of curcumin

+ increase – decrease

Manufactured in compliance with current Good Manufacturing Practices. [cGMP].

EBM MEDICAL

EBM Medical Contact Information

Phone: 1-844-360-4095
Email: support@EBMmedical.com
Website: EBMmedical.com

FREQUENTLY ASKED QUESTIONS[1-11]

What is EB-A7?

EB-A7 is an oral capsule classified as a medical food, a unique category regulated by the FDA. Medical foods address the metabolic deficiencies associated with diseases to help manage chronic conditions, including pain and inflammation associated with osteoarthritis. Medical foods are intended for use under medical supervision.

What should I expect?

The active ingredients in EB-A7 work together to correct the deficiencies associated with osteoarthritis. Once your metabolic needs are met, you may begin to experience less pain and stiffness in your arthritic joints.

How does these medical foods compare to over-the-counter products?

Once ingested, many over-the-counter supplements require an activation step within the body. The ingredients in EB-A7 are already provided in their active forms, increasing the amount that enters the circulation and maximizing the potential for clinical benefit. The combination of active ingredients found in EB-A7, at the prescribed doses, are available through your healthcare provider.

What are the side effects with EB-A7?

The active pharmaceutical ingredients in EB-A7 are well tolerated and allergen, gluten and dye free. The most common complaints include mild upset stomach. If you experience this, try taking the capsules with food. If the problem persists, consult your provider.

Drug Interactions: EB-A7 may alter the metabolism and absorption of certain medications. Consult your physician before taking EB-A7 if you are currently taking an anticoagulant such as warfarin.

Precautions: EB-A7 contains SAMe (S-Adenosyl methionine) and turmeric in medicinal doses and should not be taken if you have the following:

- Pregnant or breast feeding
- Gallbladder problems
- Planning for surgery
- Bipolar disorder

Please consult with your healthcare provider before taking.

How do I refill my order?

Simply call or email EBM Medical at 636-614-3152 or support@ebmmedical.com. You may also opt in for the EBM Convenience Fill program where EBM will automatically refill your order 10 days prior to your last dosage. Do not stop taking your medical food formula without talking to your healthcare provider.

REFERENCES

1. Kuptniratsaikul V, Dajpratham P, Taechaarpornkul W, et al.: Efficacy and safety of Curcuma domestica extracts compared with ibuprofen in patients with knee osteoarthritis: A multicenter study. *Clin Interv Aging.* 2014;9:451–458
2. Nakagawa Y, Mukai S, Yamada S, et al. : Short-term effects of highly-bioavailable curcumin for treating knee osteoarthritis: A randomized, double-blind, placebo-controlled prospective study. *J Orthop Sci.* 2014;19:933–939
3. Pinsornsak P, Niempoog S: The efficacy of Curcuma longa L. extract as an adjuvant therapy in primary knee osteoarthritis: A randomized control trial. *J Med Assoc Thai.* 2012;95 Suppl 1:S51–S58
4. Glorioso S, Todesco S, Mazzi A et al. Double blind multi- center study of the activity of S-adenosylmethionine in hip and knee osteoarthritis. *Int J Clin Pharmacol Res.* 1985;5: 39-49
5. Soeken KL, Lee W-L, Bausell RB, Agelli M, Berman BM. Safety and efficacy of S-adenosylmethionine (SAMe) for osteoarthritis: a meta-analysis. *J Fam Pract.* 2002;51: 425-30.
6. Sato T, Iwaso H. An effectiveness study of hyaluronic acid (Hyabest J) in the treatment of osteoarthritis of the knee. *Journal of New Remedies and Clinics.* 2008;57(2):260–269
7. Sengupta K, Alluri KV, Satish AR, Mishra S, Golakoti T, Sarma KV, et al. A double blind, randomized, placebo controlled study of the efficacy and safety of 5-Loxin(R) for treatment of osteoarthritis of the knee. *Arthritis Res Ther.* 2008;10:R85
8. Haroyan A, Mukuchyan V, Mkrtchyan N, Minasyan N, Gasparyan S, Sargsyan A, Narimanyan M, Hovhannisyan A. Efficacy and safety of curcumin and its combination with boswellic acid in osteoarthritis: a comparative, randomized, double-blind, placebo-controlled study. *BMC Complement Altern Med.* 2018 Jan 9;18(1):7
9. Bakilan F, Armagan O, Ozgen M, Tascioglu F, Bolluk O, Alatas O. Effects of Native Type II Collagen Treatment on Knee Osteoarthritis: A Randomized Controlled Trial. *Eurasian J Med.* 2016 Jun;48(2):95-101
10. Crowley DC, Lau FC, Sharma P, Evans M, Guthrie N, Bagchi M, Bagchi D, Dey DK, Raychaudhuri SP. Safety and efficacy of undenatured type II collagen in the treatment of osteoarthritis of the knee: a clinical trial. *Int J Med Sci.* 2009 Oct 9;6(6):312-21
11. Trc T and Bohmova J, Efficacy and tolerance of enzymatic hydrolysed collagen (EHC) vs. glucosamine sulphate (GS) in the treatment of knee osteoarthritis (KOA). *Int Orthop.* 35:341–348 (2011)

Distributed by: ©2019 EBM Medical, LLC | Chesterfield, Missouri 63005 | 06/2019 Printed in U.S.A. | All rights reserved